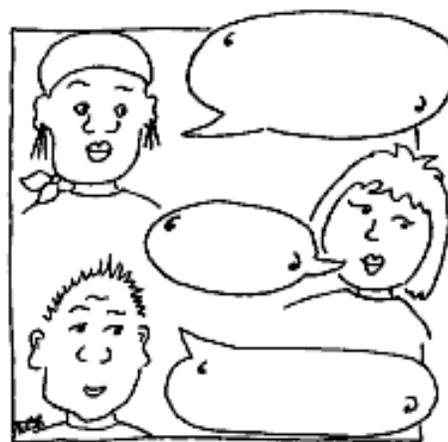
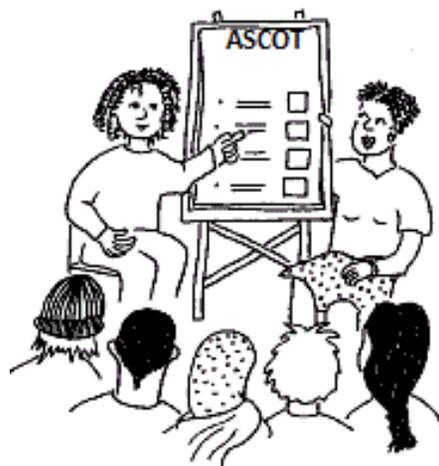


Making the Adult Social Care Outcomes Toolkit Easy Read.



This summary report is written by researchers at the University of Kent:



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We would like to thank everyone that has helped with this work.

Special thanks to our Working group members:

- Allan Finn
- Gareth Bailey
- Kevin Saxton
- Mark Flavell
- Jason Robson
- Karen Smeed (mcch)

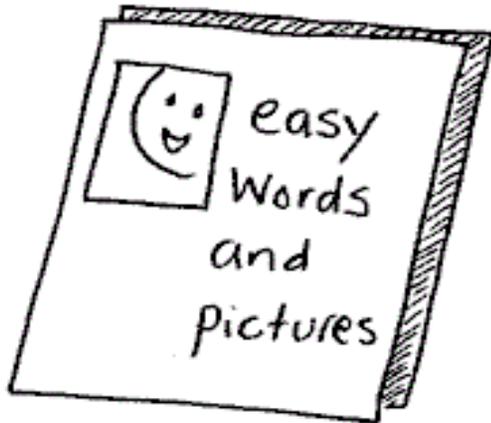
We would also like to thank the Researching Altogether Group.

This Report



This is a short report to tell you about some work that we did.

We wanted to change a form called the Adult Social Care Outcomes Toolkit. We call this form ASCOT.



We wanted to make it easier for people with learning disabilities and autism to read and answer the questions.

We wanted more people to be able to fill in the form and say what they think about the support they get.

About the ASCOT form:

The ASCOT form asks people about the support they get. It asks people how they feel about their support.

These are some examples of things the ASCOT form asks people about:



The choices they have



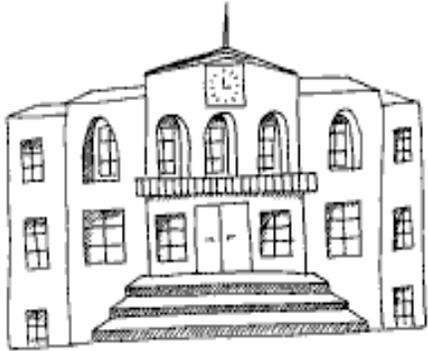
How clean and comfortable they feel



How safe they feel



The food and drink they have



The ASCOT form is used by:

The Government and Department of Health
and

Local councils

They use the ASCOT form to find out if people are getting good support.

This is what we did:



We had a group of 5 people with learning disabilities and autism called a “Working group”.

We asked them what they thought about the words and pictures in the ASCOT form.

They told us what we needed to change.

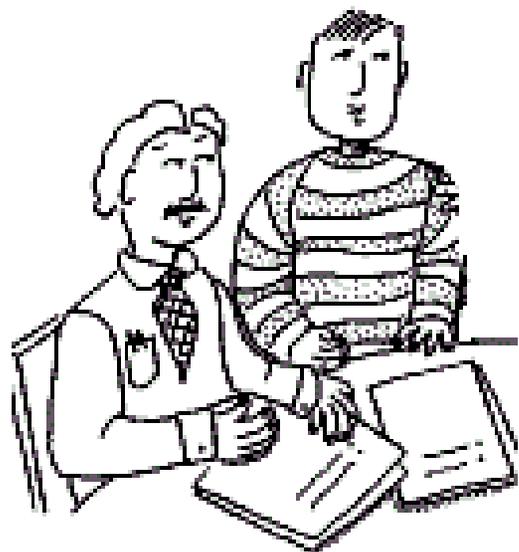
We listened to them and made some changes.



We invited other groups of people with learning disabilities and autism to meetings called “focus groups”.

We asked them what they thought about the new ASCOT form.

We listened to them and made more changes.

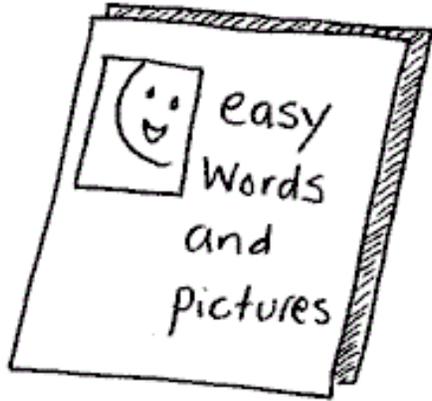


We asked other people with learning disabilities and autism to fill in the form.

We helped them by reading the questions and showing them the pictures.

We asked them to tell us what they were thinking about when they answered the questions.

The changes we made to ASCOT:



These are some of the changes we made to the ASCOT form:

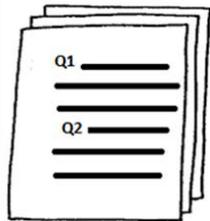
We changed some of the pictures.

We took away the colour in the pictures.

We changed some words to make the question easier to understand.



One question was too long.



We made it into two questions.

Making forms easier to read:



By talking to people with learning disabilities and autism we found out:

People don't always understand things in the same way.

It is important to check what different people understand.



We had to choose the words and pictures that are best for most people.

We could not make the form easy to understand for everyone.

Some people may still not understand all of the questions.

What we are doing next:



We need to ask more people with learning disabilities and autism to fill in the ASCOT form.

This will help us make sure that the new ASCOT form is easier to understand.

For people who will not be able to fill in the ASCOT form we will look at other ways to find out about the support they have.

If you have any questions about this report please contact



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The Adult Social Care Outcomes Toolkit (ASCOT)

The ASCOT asks questions about how people are helped with:



Choice



Being Presentable



Food and Drink



Having a clean and comfortable home



Feeling Safe in your home



Feeling Safe in your local area



Social life



How you spend your time



Dignity

On the next few pages is a copy of the ASCOT form.

You do not need to answer the questions or send the form to us.

We have put it here for you to have a look at.



This question is about choice in your daily life.

Having choice means that you can decide what to do.

Think about the choices you have.

How do you feel about choice in your daily life?

Please tick (✓) 1 box

I have as much choice as I want. It is great.



I have enough choice. It is OK.



I have some choice. But I would like more.



I have no choice. It is bad.





This question is about being presentable.

Being presentable means being clean, having clean clothes and feeling comfortable in what you are wearing.

How presentable do you feel?

Please tick (✓) 1 box

I feel very presentable.



I feel quite presentable. It is OK.



I feel a bit presentable. It could be better.



I do not feel presentable at all. It is really bad.





This question is about what you eat and drink. Think about if:

- You can have the food and drinks you like.
- You have enough food and drinks to keep you healthy.
- You can eat and drink as often as you need to.

What do you think about what you eat and drink?

Please tick (✓) 1 box

I get all the food and drink I like when I want.

I get enough of the food and drink I like when I want.

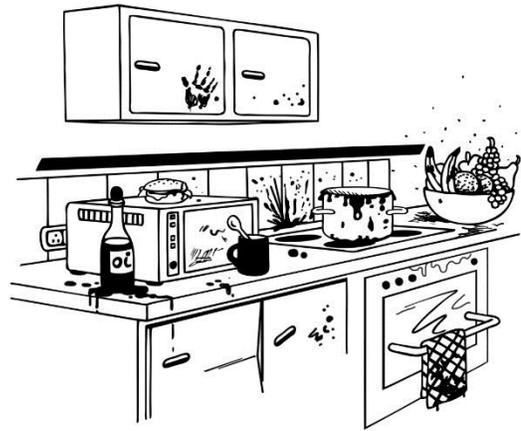
 

I get some of the food and drink I like when I want, but not enough.

I do not get any of the food and drink I like so I might get ill.



This question is about how clean and comfortable your home is.

Having a clean home means that the kitchen, bathroom, bedrooms and all other rooms are clean and tidy.

Having a comfortable home means that you like how your home looks and feels.

How clean and comfortable is your home?

Please tick (✓) 1 box

My home is as clean and comfortable as I want.



My home is quite clean and comfortable.



My home is not clean and comfortable enough.



My home is not clean and comfortable at all.





This question is about how safe you feel in your home.

Feeling safe means that you are not worried about:

- Being bullied or abused.
- Falling or getting hurt.
- Being attacked or robbed.

How safe do you feel in your home?

Please tick (✓) 1 box

I feel very safe in my home.



I feel quite safe in my home.



I do not feel safe enough in my home.



I do not feel safe at all in my home.





This question is about feeling safe when you go out in your local area.

Feeling safe means that you are not worried about:

- Being bullied or abused.
- Falling or getting hurt.
- Being attacked or robbed.

How safe do you feel when you go out?

Please tick (✓) 1 box

I feel very safe when I go out.



I feel quite safe when I go out.



I do not feel safe enough when I go out.



I do not feel safe at all when I go out.





This question is about your social life.

Social life means spending time with people you like.

This could be friends, family or people in your community.

How do you feel about your social life?

Please tick (✓) 1 box

I see the people I like as much as I want. It is great.

I see the people I like sometimes. It is OK.

I see the people I like but not enough. It could be better.

I do not see the people I like at all. And I feel lonely.



This question is about how you spend your time.

Think about all the things you do during the day. You could think about:

- Your free time.
- Going to work, college, or volunteering.
- Housework.

Think about if:

- You can choose the things you do.
- You enjoy the things you do.
- You have enough things to do.

How do you feel about the way you spend your time?

Please tick (✓) 1 box

I spend my time how I want. It is great.

I do enough of the things I like. It is OK.

I do some of the things I like. But I would like to do more.

I do not do the things I like. It is really bad.



This question is about dignity.

Dignity means being treated nicely and kindly.

How do you feel about the way your paid support treat you?

Please tick (✓) 1 box

I am very happy with the way my paid support treat me. 

I am quite happy with the way my paid support treat me. 

I am a bit unhappy with the way my paid support treat me. 

I am very unhappy with the way my paid support treat me. 